

Why: Provide transitioning students (those leaving or being left) with support and an opportunity to process and plan for the upcoming changes by engaging in the RAFT process but also making connections between cross-cultural issues that they may face

What: Three lunchtime sessions for grade 6, three for grade 7, and three for grade 8.

Session 1 - Introductions and sharing:

- a. How long have you been at AES?
- b. Where are you moving to? Let's engage in a global map activity to learn about where you are moving to... Students will need their iPads!!
- c. What are you most looking forward to about moving to _____?
- d. What are you most concerned about moving to _____?
- e. What might help you make the transition from here to there?
- f. Students receive losses/gains handout to optionally complete at home.

Session 2 - Repairs and Affirmation

- a. Jot down on post-it notes specific gains and losses that you anticipate (are are willing to share) - post them to the chart paper.
- b. Why might it be important to repair relationships with people here (before leaving)?
- c. What are some ways to repair a damaged or broken relationship?
- d. What does it mean to affirm someone in your life? Why might this be helpful?
- e. What might you say to someone important in your life that you'd like to affirm? (no names necessary)
- f. Students receive repairs & affirm handout to optionally complete at home.

Session 3 - Farewells and Thinking Ahead

- a. How are you feeling about your upcoming move?
- b. Who are the people, places, pets, or possessions that you will be saying goodbye to?
- c. What are some ways you might say farewell?
- d. What would you like to know more about the place you are moving to?
- e. Students reflect on saying farewell and the 4Ps of saying goodbye and Think Destination

When:

	Session 1	Session 2	Session 3
Grade 6	Thursday, May 3 @ 11:50-12:30	Thursday, May 10 @ 12:15-12:50	Weds, May 16 @ 11:20-11:55
Grade 7	Tuesday, May 8 @ 11:50-12:30	Tuesday, May 15 @ 11:50-12:30	Tuesday, May 22 @ 11:50-23:30
Grade 8	Friday, May 4	Friday, May 11	Weds, May 16

	@ 11:50-12:30	@ 11:50-12:30	@11:20-11:55
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Where: MSCR or MSMPR

Standards relating to transition from the International School Counseling Model:

Standard E: Students will acquire knowledge and attitudes to manage transition effectively.

Competency GP: E1 Acquire knowledge of the transition process

GP:E1.1 Understand that transitions happen over the life span

GP:E1.2 Articulate a simple model of transition and apply it

GP:E1.3 Accept the challenges of changing countries and schools

GP:E1.4 Identify emotions throughout the transition event

GP:E1.5 Recognize the individual nature of the transition experience

GP:E1.6 Use knowledge of the transition process to enhance communication and inform decisions

Competency GP: E2 Develop healthy attitude towards transition

GP:E2.1 Recognize personal tendencies when faced with transition

GP:E2.2 Develop positive strategies for how to manage transition events

GP:E2.3 Apply positive strategies both personally and for others

GP:E2.3 Understand that transition is complex

GP:E2.4 Demonstrate "leaving" well, whether physically or in a life stage